

The Southwest Urology 2024 Annual Meeting will be held as an in-person event on 22nd and 23rd April 2024 at Tregenna Castle, St Ives.

The Accommodation and Activities Information Sheet is attached - this gives instructions for discounted bedroom rates at Tregenna Castle, and gives ideas of things to do in and around Tregenna Castle if you decide to arrive a little early to enjoy this beautiful part of the country.

Bedrooms are subject to availability, and we encourage you to book early to secure your room.

Registration is now open and you can register (for the Annual Meeting and the Black Tie Dinner) via this link: [2024 Registration](#)

The booking system will also ask if you are interested in an informal social get-together on the evening of Sunday 21st April if you have already arrived.

To keep the event accessible to all, the Registration Fees have been kept the same as for the 2023 Annual Meeting. Book before 2nd April 2024 and save. The Early Registration Fees (before 2nd April) are:

Consultant	£175
Trainee	£95
Urology Nurse/Allied Health Professional	£70

These Fees are for both days of the Annual Meeting and include daytime catering. Black Tie Dinner tickets are not included and must be purchased separately (£70 each).

We do hope that you can join us as the Southwest Urology group meets again. This will be an in-person event only. It promises to be a great meeting, in a spectacular location.

Kind regards

Message sent by the Secretariat on behalf of the 2024 Committee:

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Southwest Urology Annual Meeting

22nd and 23rd April 2024, Tregenna Castle, St Ives

ACCOMMODATION AND ACTIVITIES INFORMATION SHEET FOR CONFERENCE PARTICIPANTS



Accommodation at Tregenna Castle



Book early to get your preference of bedroom

The Castle hotel rooms come in all shapes and sizes, but each one includes all the necessities for a great night's sleep. And if you'd like a sea view, they'll take care of that too, subject to availability.

To see the range of bedrooms available, refer to <https://tregenna-castle.co.uk/rooms-apartments/rooms/> BUT TO RECEIVE YOUR DELEGATE DISCOUNT **DON'T BOOK ONLINE:** call 01736 795 254 and quote "Southwest Urology Group". Delegates and exhibitors will receive a fantastic 30% discount on standard rates.

Activities at Tregenna Castle

Why not make the most of your trip to this meeting and treat yourself to an activity or two, for example on the morning of Monday 22nd April, before the meeting begins?

Tregenna Castle offers a 72 acre playground including acres of subtropical gardens, a 9-hole golf course, and a wide range of leisure facilities: indoor swimming pool, two all-weather tennis courts, badminton courts, fitness suite with a range of weights and cardio equipment and Castle Beauty: a tranquil space to relax and truly unwind. Bike hire can also be arranged.

See <https://tregenna-castle.co.uk/the-resort/on-site-facilities/>

Residents of the hotel have discounted rates for activities. See the website for more information or call 01736 795254 to book in.



So much to enjoy nearby

Soak up some culture at **Tate St Ives**, the iconic gallery overlooking the sea:

<https://www.tate.org.uk/visit/tate-st-ives>



Just a short walk from the centre of St Ives, **Porthminster Beach** is a glorious stretch of white sandy shoreline. Take in the views or take to the sea with www.stivessurfschool.co.uk offering surf lessons, paddleboarding tuition, sea kayaking tours and coasteering adventures

If you just fancy a gentle stroll and mooch around a quaint harbour town, **St Ives** is a short walk down through the lush gardens of Tregenna Castle. You will find cobbled streets lined with shops, galleries, cafes, bars and restaurants.

St Ives has been voted best family holiday destination by Coast magazine and is one of TripAdvisor's top 10 European beaches <https://www.stives-cornwall.co.uk>